

All about the A1 Series

Peterborough/Cambridge-based **Advance Performance**, the running store for everyone, sponsors most local running races as part of the company philosophy of supporting the community. As a result of this, the A1 Series was born.

In 2012, **Brooks** is once again supporting the series wholeheartedly and have kindly given a substantial level of prizes and support.

Sue Ryder Care Thorpe Hall Hospice is very excited to be the chosen charity of the A1 Series 2012. They are looking forward to joining us in raising much needed funds to help the people it cares for get the best from life. The A1 Series 2011 raised over £4800 of much needed funds for Sue Ryder and we are looking to raise even more in 2012 !

Aims of the A1 Series

- To encourage everyone to run, regardless of their age or ability
- To increase the numbers attending the individual races
- To promote the activities of local running clubs
- To encourage runners to join their local club
- To raise funds for **Sue Ryder Care Thorpe Hall Hospice**
- To inform people about **Advance Performance**—the running store for everyone
- To promote the specialist products of **Brooks** with the aim of reducing injury and discomfort to runners.
- To put novice runners in touch with experts.

In fact, working together for the good of the sport

www.advanceperformance.co.uk

Advance Performance would like to thank all the race organisers and their committees, referees, starters, commentators, medical back-up personnel, marshals, catering staff, runners and everyone else involved in making these races a success. Running club members are dedicated to their sport and give their time tirelessly to organise road races throughout the area and the sponsors are keen to help them.

A1 Series 2012 League

A league table for all competitors that compete in any/all of the A1 Series 2012 races.

Advance Performance and Brooks are kindly supporting this by donating prizes to the end of year winners.

Further details will be available online at

www.advanceperformance.co.uk before the first race of this series.



We care for people with end of life and long-term conditions:

Cancer, Stroke, Brain Injury, Multiple Sclerosis, Dementia, Huntington's Disease, Parkinson's Disease and Motor Neurone Disease



BROOKS

For more information about Sue Ryder Care:

visit: www.suerydercare.org

call: 0845 050 1953

email: info@suerydercare.org

Sue Ryder Care is a charity registered in England and Wales (1052076) and in Scotland (SC039578).



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Run The A1 Series 2012



Advance Performance

the running store for everyone

www.advanceperformance.co.uk



Folksworth 15 Mile, Peterborough

22 January

Sandy 10m, Sandy, Beds

25 March

Fen Drayton 10K, Fen Drayton

5 May

Eye 10k, Nr Peterborough

13 May

Chilford 10K, Linton, Cambs

17 June

The March 5 Spud Run

1 July

Bushy 10K, Peterborough,

8 July

Thorney 5 Mile, Nr Peterborough

12 August

NVH Barney Memorial 5K, Peterborough

15 August

Abbey 10K, Ramsey, Cambs

23 September

Encouraging Everyone To Run — Come On, Give it a Try!

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**Raising Money for Sue Ryder Care Thorpe Hall Hospice
25p will be donated for EVERY entrant at EVERY race**

To find out how you can raise money for Sue Ryder Care, visit www.suerydercare.org.uk

Folksworth 15M (Pre London Training Event)

Folksworth Village Hall/Primary School, Folksworth

Entries: C Piercy 9 Rothbart Way, Hampton Hargate PE7 8DZ or online via Runners World

Cost: £15 attached, £17 unattached

Course not suitable for wheelchair competitors

22 January 2012**11am**

Closing date for entries: 6th Jan 2012

www.yaxleyrunners.org.uk**Sandy 10m (& 3k Fun Run)**

Sandy Sports Centre, Engayne Ave, Sandy, Beds. SG1 1BL

Entries: Sandy 10 Race Sec, 3 Old Bedford Rd, Potton, Beds, SG19 2QL /online via Runners World

Cost: £10 attached, £12 unattached

Course not suitable for wheelchair competitors

25 March 2012**10.30am**

Closing date: 19/03/12

www.biggleswadeac.org.uk**Fen Drayton Lakes 10K**

Fen Drayton Primary School, Cootes lane, Fen Drayton CB24 4SL

Entries: H Pinner, Fen Drayton School / 01954 273346 / office@fendrayton.cambs.sch.uk

Cost: £10 affiliated, £12 unaffiliated before 1/4/12 then £15

Course not suitable for wheelchair competitors

5 May 2012**11am**

closing date: 30/04/12

www.fendrayton10k.org.uk**Eye 10k (& 3k Fun Run)**

Eye Primary School, Eyebury Road, Eye, Peterborough

Entries: S Lovell, 11B Crowland Rd, Eye, PE6 7TN & on-line

Cost £8.00 Attached, £10.00 Fun Run £3.50

Course not suitable for wheelchair competitors.

Entries on day subject to limit of 550

13 May 2012**11.00am**www.eye10k.co.uk**Chilford 10K (& 5K Fun Run)**

Chilford Vineyard, Linton, Cambs

Entries: S Toussenet, 20 Bawtree Crescent, Linton CB21 4XQ & online via Run Britain

Cost: £8 affiliated; £ 10 unaffiliated, £12 on the day

Course not suitable for wheelchair competitors

17 June 2012**11am**

Entries on the day

www.losc.co.uk**The March 5 Spud Run (& 1.5m Fun Run)**

March AC, Elm Rd, March

Entries: G Jackman, 12 Kingsley St, March PE15 8LX & online

Cost: £8 attached, £10 unattached

Course not suitable for wheelchair competitors

1 July 2012**11am**

Entries taken on the day

www.marchathletics.co.uk**Bushy 10K (& 3K Fun Run)**

Bushfield Sport Centre, Orton Centre, Peterborough, PE2 5UW

Entries: Race secretary, 17 Standish Court, Peterborough, PE2 9RR & online

Cost: £8.50

Course not suitable for wheelchair competitors

8 July 2012**11am**

Entries taken on the day

www.bushfieldjoggers.co.uk**NVH Barney Memorial 5K**

Ferry Meadows, Peterborough

Entries: Mr Dave Robson, 13 Rock Road, Peterborough, PE1 3BU & online

Cost: £4 attached, £6 unattached (£2 extra on day)

Course not suitable for wheelchair competitors

Wednesday 12 August 2012**7 pm**

Cheques payable to: Nene Valley Harriers

www.nvh.org.uk**Thorney 5 Mile**

Bedford Hall, Thorney, Peterborough.

Entries: Keith Hall, 20 St Mary's Close, Thorney, PE6 0SJ & online via Runners World

Cost: £7 Attached, £9 Unattached.

Course not suitable for wheelchair competitors

15 August 2012**10.30am**

NO entries on day

www.thorneyrunningclub.co.uk**The Abbey 10k (& Fun Run distance tba)**

One Leisure, Abbey Rd, Hollow Lane, Ramsey, PE26 2NN

Entries: F Johnson, 1 Lion Walk, Bury, PE26 2QU

Cost: £10 affiliated, £12 unaffiliated £2 extra on the day

Course not suitable for wheelchair competitors

23 September 2012**11.00am**

Race limit 500

pre-race entries close 19/09/12

www.ramseyroadrunners.org.uk**UNIVERSAL ENTRY FORM****Please use ONE Entry Form per race, photocopies acceptable****This form will be accepted instead of an official race entry form**

Surname

Male/Female.....

Forename

Full Address

Postcode Date of Birth.....

Age on Day.....

Telephone

Emergency Contact Telephone (On Race Day)

Email Address

Club Name

UKA Affiliated?

WHICH RACE IS THIS ENTRY FORM FOR

Entry Fee Enclosed £ See race details for info

Championship Entry?

See individual race details

Best Time for Distance

DECLARATION: I declare that I am medically fit to take part in this event and that I take part at my own risk. I accept that the organisers are not liable for any loss, damage or injury howsoever caused, either before, during, after or as a result of entering the race. I agree to my details as per my entry form being held on the organising clubs and Brooks computer database. I agree to abide by the rules of the event and to obey instructions given by the event officials and marshals, and that in the event of a dispute the race directors decision will be final.

Signed: Date:

PLEASE ENCLOSE SAE WITH YOUR ENTRY TO ENABLE THE RACE ORGANISERS TO RETURN YOUR RACE NO. AND DETAILS TO YOU.

www.advanceperformance.co.uk**Working with local Clubs**