

All about the A1 Series

Peterborough-based **Advance Performance**, the running store for everyone, sponsor most local running races as part of the company philosophy of supporting the community.

As a result of this, the A1 Series was born.

In 2010, **Brooks** are supporting the series wholeheartedly and have kindly given a substantial level of prizes and support.

Previously supported by Nike, Mizuno and New Balance, the Series has grown and developed and has raised over £10,000 for the British Heart Foundation, Marie Curie Cancer Care and Sue Ryder, Thorpe Hall Hospice.

Sue Ryder Care Thorpe Hall Hospice is very excited to be the chosen A1 Series 2010 charity.

They are looking forward to joining us in raising much needed funds to help the people it cares for get the best from life.

The A1 Series 2009 raised much needed funds and we are looking to raising even more in 2010 !

Aims of the A1 Series

- To encourage everyone to run, regardless of their age or ability
- To increase the numbers attending the individual races
- To promote the activities of local running clubs
- To encourage runners to join their local club
- To raise funds for **Sue Ryder Care Thorpe Hall Hospice**
- To inform people about **Advance Performance**—the running store for everyone
- To promote the specialist products of **Brooks** with the aim of reducing injury and discomfort to runners.
- To put novice runners in touch with experts

If you would like to know how you can raise money for (Sue Ryder Care), please visit (www.suerydercare.org.uk)
(reg. charity no. 1052076)

Run The A1 Series



www.advanceperformance.co.uk



Folksworth 15 Mile, Peterborough	24 January
Thorney 10k, Nr Peterborough	28 March
Eye 10k, Nr Peterborough	9 May
Abbey 10K, Ramsey, Cambs	13 June
Sutton Feast Beast 7 Mile, Ely	27 June
The March 5 Spud Run	4 July
Bushy 10K, Peterborough,	11 July
Thorney 5 Mile, Nr Peterborough	15 August
Nene Valley 10 Mile, Peterborough	5 December

Encouraging Everyone To Run—Come On, Give it a Try!



Sue Ryder Care
Thorpe Hall Hospice



Sue Ryder Care
Thorpe Hall Hospice

Reg. Charity No. 1052076

Raising Money for
Sue Ryder Care Thorpe Hall Hospice
25p will be donated for EVERY entrant at EVERY race



RACE DETAILS

Further Details available on www.advanceperformance.co.uk

Folksworth 15M

Folksworth Village Hall/Primary School, Folksworth

Entries: Claire Piercy 15race@yaxleyrunners.org

Cost: £15 attached, £17 unattached

Entries online via Runners World website

Course not suitable for wheelchair competitors

24 January 2010

11am

Closing date for entries: Sat 16 Jan 2009

www.yaxleyrunners.org.uk

Thorney 10k

Bedford Hall, Thorney, Peterborough.

Entries: Keith Hall, 20 St Mary's Close, Thorney, Peterborough, PE6 0SJ

Cost: £7 Attached, £9 Unattached. £1 extra on day

Course not suitable for wheelchair competitors

28 March 2010

10.30am

Entries online. NO entries on day

www.thorneyrunningclub.co.uk

Eye 10k (& Fun Run)

Eye Primary School, Eyebury Road, Eye, Peterborough

11.00am

Cost £7.50 Attached, £9.50 Unattached £1 extra on day. £3.50 Fun Run

Cheques payable to: Eye Community Runners.

Entries taken on-line. Race Limit 550

Course not suitable for wheelchair competitors.

9 May 2010

www.eye10k.co.uk

The Abbey 10k (& 3K Fun Run)

One Leisure Hollow Lane, Ramsey, Cambs

Entries: A Graham, 6 Sunfield Road, Bury, Ramsey, Cambs, PE26 2NN

Cost: £9 affiliated, £11 unattached £2 extra on the day

Course not suitable for wheelchair competitors

13 June 2010

11.00am

Race limit 500

Cheques to: Ramsey Road Runners

www.ramseyroadrunners.org.uk

Sutton Feast Beast 7 Mile (multi terrain) & 2mile Family Run

Sutton-in-the-Isle, Ely

Entries: Mrs T A Robinson, 2b Victoria Plc, Sutton, Ely CB2 2NP

Cost: £7 affiliated, £9 non affiliated. £1 extra on day

Course not suitable for wheelchair competitors

27 June 2010

11am

Cheques to: Sutton Feast Week

The March 5 Spud Run (& 1.5m Fun Run)

Elm Rd Sports field, Elm rd, March

Cost £7 affiliated, £9 non affiliated, Fun Run £2

Course not suitable for wheelchair competitors

4 July 2010

11 am

Entries online & on the day

www.marchathletics.co.uk

Bushy 10K (& 3K Fun Run)

Bushfield Sport Centre, Orton Centre, Peterborough, PE2 5RQ

Entries: Alan Miles, 12 George St, Woodston, Peterborough, PE2 9PD

Cost: £8 attached, £10 Unattached, Fun Run £3

Course not suitable for wheelchair competitors

11 July 2010

11am

Cheques to: Bushfield Joggers

www.bushfieldjoggers.co.uk

Thorney 5 Mile

Details as for Thorney 10k above

15 August 2010

10.30am

Nene Valley 10M

The Cresset, Bretton, Peterborough

Entries: Mr Dave Robson, 13 Rock Road, Peterborough, PE1 3BU

Cost: £8 attached, £10 unattached

Course not suitable for wheelchair competitors

5 December 2010

10.30am

Closing date: 27 Nov

Cheques Payable to: Nene Valley Harriers

www.nvh.org

UNIVERSAL ENTRY FORM

Please use **ONE** Entry Form per race, photocopies acceptable

This form will be accepted instead of an official race entry form

Surname

Male/Female.....

Forename

Full Address

.....

Postcode Date of Birth.....

Age on Day.....

Telephone

Emergency Contact Telephone (On Race Day)

Email Address

Club Name

UKA Affiliated?

WHICH RACE IS THIS ENTRY FORM FOR

Entry Fee Enclosed £ See race details for info

Championship Entry?

See individual race details

Best Time for Distance

DECLARATION: I declare that I am medically fit to take part in this event and that I take part at my own risk. I accept that the organisers are not liable for any loss, damage or injury howsoever caused, either before, during, after or as a result of entering the race. I agree to my details as per my entry form being held on the organising clubs and Brooks computer database I agree to abide by the rules of the event and to obey instructions given by the event officials and marshals, and that in the event of a dispute the race directors decision will be final.

Signed: Date:

**Advance Performance : working with local Clubs
to promote running for everyone**